COVID-19 Briefing for the UGEC Learning Community

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COVID-19 and Long Term Care: Key Messages from CDC This Week

- LTCF residents are highest risk members of our community

- Presents like a flu-like illness
  - If folks become ill, we need to monitor more often, fever may not be elevated in all cases in this population

- Chronic Disease comorbidities are very high risk
  - More likely to need intervention, hospital, develop ARDS, and lead to death

- Health Care workers are the most likely source for contagion based on data from outbreaks to date

COVID-19 and Long Term Care:
Key Messages from CDC This Week

- RESTRICT visitation
- Communicate with residents & families
- Restrict non-essential health care personnel
- Educate health care providers
- Practice social distancing of residents
- Monitor health care providers and residents for fever and symptoms of respiratory infection
- Implement infection prevention and control practices
- Notify health department and other facilities for suspicions
- Assess inventory and provide necessary supplies

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Suspect a Positive Case

- As soon as ill resident identified
  - Restrict individual to room with a bathroom
  - Begin a respiratory protection program
  - All staff to use PPE with those patients
- Notify health dept with patients with severe respiratory illness, and clusters of URIs
- If transfer a patient with severe illness, then notify health department
- Get a list of testing options and how you can obtain them if needed
- https://coronavirus.utah.gov/recommendations-for-providers/

Suspect a Positive Case

- Standard, Contact, and Droplet Precautions with eye protection unless diagnosis indicates Airborne precautions indicated

- If they leave the room, residents should wear a facemask (if tolerated) or use tissues to cover their mouth and nose

- Room sharing might be necessary for multiple cases, contact UDOH for guidance

- Create a plan for cohorting residents with symptoms of respiratory infection
  - Consider dedicating HCP to work only on affected units

https://www.cdc.gov/coronavirus/2019-ncov/infection-control/control-recommendations.html#Patient_Placement

After Recovery

- Symptom based Guidance

- Test based guidance

https://www.cdc.gov/coronavirus/2019-ncov/hcp/disposition-hospitalized-patients.html

PPE Shortage Concerns

- Inventory now, know contacts for more

- Strategy- prioritize gowns for aerosolize procedures, high contact care activities, those highest risk of transmission

- Eye protection, mask and gloves

CDC guidance on PPE shortages
https://www.cdc.gov/coronavirus/2019-ncov/hcp/ppe-strategy/index.html

Lab Links

- https://www.aruplab.com/infectious-disease/c
- https://www.labcorp.com/information-labcorp-about-coronavirus-disease-2019-covid-19oronavirus
- https://intermountainhealthcare.org/covid19-coronavirus-for-healthcare-professionals/clinical-and-caregiver-guidance/
- https://www.publichealth.va.gov/n-coronavirus/index.asp
- https://coronavirus.utah.gov/recommendations-for-providers/

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