

Project Abstract

Period of Performance: July 2019- June 2024. Project Director: Anna C. Faul, Ph.D.

Applicant Organization: Kent School of Social Work, University of Louisville (UofL), Louisville, KY

Academic Programs (N=10+): UofL, Sullivan University, Institute of Health Professionals, WKU, University of Pikeville, Campbellsville University, KY Association of SW Educators, UofK, EKU, Spalding University, Boise State, KSU. **PC Delivery Sites: (N= 82):** UofL RBF Optimal Aging Clinic, rural PC Offices (1), 1 Hispanic Free Clinic, Mountain Comprehensive Health Corporation (FQHC, 9 sites), Barbourville Health & Rehabilitation, Presbyterian Homes Westminster Terrace, Willow at Citadel, EDs (2), Nursing homes (62) for NH supplement and 2 Nursing Homes for Administrative Supplement. **Community-based Organizations (CBOs): (N=38):** 15 AAAs in KY, Alzheimer's Association, AARP, KY Board of EMS, KY Association of CHWs, Henderson Settlement, Microclinics International, Age-Friendly Louisville, Tip it Forward, Brit Trace, KY Coalition for Healthy Communities; Southern AHEC; HOSA, Thriving in Place-Stonewall, KAHCP, NCHCFA, Grow 502, Louisville Metro Health Department, UofL Center for Excellence in Rural Health, KY Diabetes Network, KY Voices for Health, Feed Louisville, Kentuckiana Veterans-Community Integration Coalition, **State Govt. (N =6):** KY Office of Dementia Services City and County government: Louisville Metro Office of Resilience and Community Services, KY Office of Rural Health. State Ombudsman Program, KY Department for Aging and Independent Living, KYNECT. **Trainees:** Medicine, nursing, dental, social work, pharmacy, law, PT, OT, art therapy and exercise science students, residents, fellows, faculty & professionals, PC providers, CHWs, AAA/ILs direct care workers, CNAs, patients, caregivers, families, NH administrations and staff. **Application:** CC; **Funding Preference:** Rural and Underserved Populations.

This project, FlourishCare, addresses the following needs of older adults in KY: 1) The lack of a robust rural PC system in KY; 2) The lack of quality nursing home care in KY; 3) The need to create age-friendly EDs in rural areas; 4) The need to coordinate community stakeholders to maximize health initiatives within deprived rural environments; 5) The need to train a workforce that can deliver culturally appropriate services to Hispanic populations in KY; and 6) The need for dementia friendly communities and compassionate care for people with ADRD. The goals and outcomes for this 4th year of the grant are as follows. Goal 1: We expanded partnerships to 10+ KY academic universities, 82 PC delivery sites across KY, and 38 CBOs. Goal 2: We trained 727 geriatrics specialists, PC providers, and health professions students, residents, fellows and faculty across KY to address the PC needs of older adults, with an emphasis on disadvantaged and underrepresented minorities, by focusing on the 4Ms of age-friendly healthcare systems through a) enhancing the content & expanding the reach of our FlourishCare curriculum nationally, b) enhancing & expanding our Project ECHOs nationally and c) offering our Annual Optimal Aging Conference and Clinical Retreat for Interprofessional Training (CRIT) conferences virtually. Goal 3: We engaged in age-friendly health care system transformations with 18 clinical training environments by emphasizing the 4Ms of Age-Friendly Health Systems, the Flourish Index and select MIPS documentation. Goal 4: We delivered community-based programs that provided 805 patients, families, caregivers, and direct care workers with the knowledge and skills to improve health outcomes for older adults by offering trainings such as Project ECHOs, My Health Matters and Microclinics International trainings. Goal 5: We trained 20 family caregivers on compassionate care with persons with ADRD in community, partnered with 4 NHs delivering compassionate care curriculum to staff, residents and family caregivers, offered art and art therapy sessions to PwADRD; disseminated micro-modules for caregivers and providers; worked to finalize the iOS application testing with 9 caregivers, and co-developed state-plan with KY Office of Dementia Services. For our nursing home supplement, we implemented FlourishConnect Project ECHO which addresses 1) The need for NHs to be age friendly, 2) The need to address the post-traumatic stress of the NH workforce due to COVID-19; 3) The need to address COVID-19 vaccine access and hesitancy among vulnerable rural communities and NH staff; 4) The special COVID-19 related needs of the ADRD population in NHs; 5) The COVID-19 related behavioral health needs of NH residents; 6) The lack of awareness among NH residents and staff about the importance of advanced care planning; and 7) The need to address the impact of health disparities and social determinants of health on NH residents and the health care workforce, as related to the COVID-19 pandemic. The goals and outcomes for this final year are as follows. Goal 1: We expanded and developed new partnerships with KY and NC Health Care Facilities, AAAs and Ombudsman Programs and 62 NHs. Goal 2 & 3: We are training 140 administrators and staff on age-friendly healthcare, vaccine hesitancy, dementia care, behavioral health and health disparities via social media for CNAs and CEU-approved Project ECHOs for nursing admin and staff. Goal 4: We developed an ACP support packet and video for residents, families and caregivers. With the admin supplement, we were able to enhance or create and deliver additional curriculum to BSN & CNA students, and CNA staff in 2 nursing homes on compassionate care for PwADRD and PwID/DD.