University of Rochester Geriatric Workforce Enhancement Program HRSA Grant #U1QHP28738 – Thomas Caprio PD/PI

Attachment 4 - Updated Project Abstract

Grant Number: U1QHP28738

Project Title: University of Rochester Geriatric Workforce Enhancement Program (UR-GWEP)

Total Project Period: July 1, 2019 – June 30, 2024 **Project Director:** Thomas V. Caprio, MD, MPH, MS

Organization Name: University of Rochester

Address: 435 East Henrietta Road, Rochester, New York 14620 **Contact Phone Numbers:** Voice: 585-760-6364 Fax: 585-760-6376

E-Mail Address: Thomas Caprio@URMC.rochester.edu

Collaborating Partners: Accountable Health Partners (primary care), Finger Lakes VA Health System (primary care), Lifespan (community-based organization), Ithaca College (academic partner), Aging and Health Workforce Development Institute (community-based organization), Alzheimer's Association (community-based organization), Finger Lakes Center of Excellence in Alzheimer's Disease (community-based organization), Western NY Rural AHEC

Trainee Types: patients, families, caregivers, direct care workers, health professionals, students, residents, fellows, and faculty.

The University of Rochester Geriatric Workforce Enhancement Program (UR-GWEP) aims to: (1) establish partnerships with academia, primary care and community-based organizations; (2) conduct training to providers and health care professionals to address the primary care needs of older adults; (3) transform clinical training environments to become Age-Friendly Health Systems (AFHS); (4) develop community-based programs that provide patients, families, caregivers, and direct care workers with the knowledge and skills to improve the health of older adults; and (5) implement training on Alzheimer's disease and Related Dementias (ADRD). The UR-GWEP focuses on the Age-Friendly Health System 4M's framework (Medications, Mentation, Mobility, and What Matters), elder abuse, health literacy, opioid use/risk, and trauma informed care. We continue with Project ECHO® Clinics using videoconferencing technology to deliver education and care consultations to regional rural nursing homes providing education focusing on geriatrics, mental health, dementia care, and COVID-19 updates. We continue our collaboration with the Veterans Administration Finger Lakes Healthcare System providing weekly geriatric medicine grand round series and a monthly web-based national clinical case conference series. A primary teaching clinic in geriatric assessment continues as a telemedicine format with integration into longitudinal care management resources for caregivers for patients with ADRD. We have implemented two certificate programs - an 80-hour certificate in Gerontology and an 80-hour certificate in Interdisciplinary Aging, Public Health and Palliative Care, each one delivered live teaching and participation via videoconferencing format. In collaboration with our community partners, we have implemented a monthly seminar series for health care professionals focused on "Older Adults and Opioids" and a "Virtual Dementia Education" series. We continue collaboration with the New York State Caregiver and Respite Coalition (NYSCRC) providing caregiver training using the REST (Respite Education and Support Tools) model. We continue to work directly with our Alzheimer's Association to offer caregiver-focused online and in-person trainings. The UR-GWEP collects performance measures including Merit-based Incentive Payment System (MIPs): 30-day Hospital Readmission; Screening for Future Fall Risk; Evaluation for Risk of Opioid Misuse; Advance Care Plan Discussion; Dementia Caregiver Education and Support. In addition, the Healthy People 2020 metric on the rate of emergency department (ED) visits due to falls for older adults is being monitored as an outcome.