



Geriatric Education Centers

# PIPELINE

May - June 2015

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## Geriatric Education Center of Michigan

Taran Silva, BS Research and Office Assistant

### 28<sup>th</sup> Geriatric Symposium

#### *Continuing the Journey: Advanced Dementia and the End of Life Using Multiple Perspectives to Enhance Care*

The Geriatric Education Center of Michigan recently held its 28<sup>th</sup> Geriatric Symposium, *Continuing the Journey: Advanced Dementia and the End of Life – Using Multiple Perspectives to Enhance Care*, on Friday, April 24, 2015. The program was a continuation of *Changing Relationships Along the Dementia Journey: Part 1* Symposium which took place in December 2014.

The framework for the day was living life fully, emphasizing the importance of knowing a person's story and developing goals based on individual bucket lists. The morning included a discussion of end of life issues from multiple faith traditions and panelists from the American Indian, Christian, Islamic, and Jewish faith traditions. The afternoon covered issues with advanced dementia toward the end of life and included a panel entitled "When Death Comes," presented by experts in the fields of emergency medicine, palliative care, and funeral services.

The Symposium took an interdisciplinary approach and had nearly 100 participants, including 15 social workers, 11 physicians, 19 nurses, and variety of other professionals who regularly work with the elderly. The response to the program was overwhelmingly positive with many participants indicating that they would make changes in their medical and clinical practice as a result of attending the Symposium. Participants also cited an increase in cultural competence after attending the Symposium. One participant commented on feeling more prepared to meet the religious needs of those who are at the end of life. Another mentioned feeling more comfortable and empathetic when conversing with caregivers. Participants learned about advance directives and the constraint of the law when implementing end of life measures. Overall, the Symposium better equipped those who work with the elderly to manage end of life care in a more culturally competent way.

*"I will attempt to make end of life care of residents at our assisted living facility more individual based on their personal stories. I appreciated the in-depth presentation on criteria needed to qualify for hospice care in advanced dementia."*

*"I will spend more time focusing on the patient's goals, bucket list and story and use those to guide treatment/care decisions. Also, I feel better prepared to help meet the religious needs of those at the end of life, specifically those who are of Jewish or Islamic faith."*

*"I was glad to get the information from Emergency Services and the Funeral Services person. I will be better able to explain to families what to expect if they call 911."*

*-Participant responses regarding changes they will make as a result of attending the symposium*

# Meharry Consortium Geriatric Education Center

*Grace Smith, LMSW, MCGEC Program Manager, Meharry Medical College*  
*Britt Kuertz, RD, LDN, Program Coordinator, Vanderbilt University*

The **Meharry Consortium Geriatric Education Center (MCGEC)**, including Meharry Medical College, Tennessee State University and Vanderbilt University, reports the following training activities:

## **June Continuing Education Series**

Nearly ninety health and senior service practitioners are registered for a free, two-part **Gerontology Continuing Education series June 12<sup>th</sup> and 26<sup>th</sup>** at Meharry Medical College. The June 12<sup>th</sup> program will address Health Disparities and Improving Patient Care for older LGBT adults, Dental Care & Physical Health, Hoarding in Seniors and The Other Side of Caregiving: Care Receiving. On June 26<sup>th</sup>, training will focus on Alzheimer's and related dementias covering Early Diagnosis of Alzheimer's, Prevention and Treatment Update, Helping Families Deal with the Challenges of Alzheimer's and Healthy Aging-Healthy Brain: What Works and Is Evidence Based. For more information, please contact Carol Galvez Gutierrez at [cgalvez@mmc.edu](mailto:cgalvez@mmc.edu)

## **MCGEC Contributes to CMS Long Term Care Quality Improvement Efforts**

CMS has re-organized the state QIOs into regions - the 11th Scope of Work. TN is part of the 5-state ATOM Alliance with IN, KY, TN, AL, and MS. Beginning this year, psychotropic drug prevalence will be a separate major category in determining facility star ratings. As part of MCGEC's collaboration with Q-Source, Tennessee's QIO, Megan Simmons, DNP, PMHNP-BC and Jim Powers, MD (Vanderbilt) presented two sessions on dementia to the Tennessee Conference on Social Welfare and NHC Directors of Nursing. Additionally, Ralf Habermann, MD presented an Update on Alzheimer's Disease and Jim Powers, MD lectured on Medication Safety for Elderly Patients at the TN Med Association's Annual Meeting of Long Term Care Medical Directors. Simmons and Powers are producing two team-based videos on dementia care for use by direct care workers in nursing homes and family caregivers. The videos will address: 1) Non-pharmacologic Management of Behavior Problems and 2) End of Life: Goals of Care.

## **MCGEC Contributes to Increased Awareness of Delirium in Hospitalized Elders**

Parul Goyal, MD is leading an effort to promote detection of delirium among hospitalized palliative care patients. To date, she has successfully implemented a nursing screen for delirium (S-CAM) into the work-flow of nurses on a unit with high prevalence of delirium (Palliative Care Unit, Vanderbilt Univ. Medical Center) and provided automated physician notification of positive nursing screens for delirium in the EMR. In-service training on the use of these tools was provided to medical and nursing staff prior to implementation. As a result, fifty staff nurses and physicians have been trained in the S-CAM delirium screening program. Data tracking shows that 170 patients age 65 and over were admitted over a two month period, with over 60% receiving S-CAM screens with every nursing shift change. Assessment of physician responses to positive screens continues. Implementation of an EMR S-CAM to screen for delirium may be an acceptable process to facilitate delirium detection in hospitalized elderly.

# West Virginia Geriatric Education Center

*Hanna Thurman, MSW, LGSW, MPA, Training & Development Manager*

## **A Little Help from Our Friends**

WVGEC is lucky to have a wonderful mix of interprofessional faculty, practitioners, students and organizations from across the state that help us do the important work of improving care for older West Virginians. We wanted to use this issue of the Pipeline to talk about some of the initiatives that could not happen without our partners and the trainees that attend our events.

The 11<sup>th</sup> Annual Advanced GERiatrics Skills (AGES) Certification Course is taught by over 15 faculty and practitioners interested in geriatrics. AGES this year had a record number of attendees from 65 counties in MD, PA, VA and WV and more health professions students than ever before. Participants from medicine, nursing, pharmacy, social work, physical therapy, and healthcare administration learned geriatrics content and networked with faculty and peers. One of the participants said it was the best training she had ever attended. Thanks to all those who made AGES 2015 a success.

As a part of our ADRD initiative, WVGEC just wrapped up two three-part webinar series with participation of over 500 health professionals from five states. The first series, *Alzheimer's Disease and Related Dementias*, was a partnership with WV's Quality

Improvement Organization. We teamed up with the WV Center for End of Life Care to target social workers for the second series called *Communicating to Improve End-of-Life Decision Making*. Thanks to a partnership with the Alzheimer's Association – WV Chapter and the WV Area Health Education Centers, family caregivers and professionals have the opportunity to attend an Alzheimer's & Dementia University event in one of eight locations across the state. Topics include basics of Alzheimer's and dementia, legal and financial issues, improving communication, working with your doctor, maximizing safety, and overcoming challenging behavior.

WVGEC is also involved in several other key collaborations including the WV Future of Aging and Caregiving Task Force (WV FACT), the WV Long-Term Care Ombudsman Advisory Board, and the West Virginia University School of Social Work's Gerontology Practitioner Certificate program. WV FACT is a coalition striving to envision ways to better address the needs of West Virginia's growing older adult population. More information on the Gerontology Practitioner Certificate program can be found at <http://socialwork.wvu.edu/certificate-programs/gerontology-practitioner-certificate>.

And last but not least, we are rounding out the Geriatrics Lunchtime Learning series in May with David Elliott, PharmD and Director of WVGEC who will discuss 2015 updates to the Beers Criteria and Kathryn O'Neal, MS, RD, LD Clinical Dietician who will address nutrition issues and older adults. The interprofessional nature for this year's series is evidenced, in part, by the presenters themselves, which have included geriatricians, pharmacists, Doctor of Management Practice in Nurse Anesthesia candidates, a Licensed Mental Health Counselor/Certified Addiction Professional, a Medical Director of hospital Palliative Care Services, a clinician scientist/dentist, and a urologist.

As you can see, we get by with a little help from our friends.

## Wisconsin Geriatric Education Center

*Steve Barczi, MD, and Carol Hermann*

### Wisconsin Update in Geriatric Medicine and Board Review Course

The Wisconsin Update in Geriatric Medicine and Board Review Course is an in-depth, knowledge-based review of the field of Geriatric Medicine and Geriatric Psychiatry. Jointly provided by the University of Wisconsin School of Medicine & Public Health and the Medical College of Wisconsin, it will be held September 17-20, 2015 at the Lake Lawn Resort and Conference Center in Delavan, WI.

This interdisciplinary course is designed for all health professionals who care for older adults, including physicians, physicians' assistants, nurses and nurse practitioners, pharmacists, social workers, and psychologists. Physicians and other clinicians planning to sit for the American Board of Internal Medicine's examination/re-certification, the American Board of Family Medicine's examination/re-certification in Geriatric Medicine, or comparable examinations for other health disciplines will benefit greatly from this course.

During the course, participants will be exposed to a wide range of geriatric content, including:

- principles of aging
- the clinical approach to the geriatric patient
- major syndromes such as dementia, incontinence, falls and metabolic bone disease
- organ-specific diseases that have special import for the geriatric patient
- clinical pearls regarding care for the geriatric population.

Special emphasis will be placed on neuropsychiatry, pharmacological and nonpharmacological approaches to treatment, and systems of geriatric care including long-term care and geriatric assessment. The course offers didactic sessions, question and answer sessions with presenters, and case-based learning. A two-day "course within a course" will be offered specifically for social workers, blending plenary sessions with specialized break-out sessions offering content specifically designed for these professionals. Several specialized break-out sessions for pharmacists will also be offered.

The course spans 3.5 days and offers discounted rates for students and non-physician health professionals. Detailed course and registration information can be found at <http://www.geriatricsboardreview.com>. Please direct any questions to Carol Hermann, Course Coordinator, at [chermann@medicine.wisc.edu](mailto:chermann@medicine.wisc.edu) or 608-280-7000 x11643.

## Calendar of Upcoming Events

<b>May</b>			
<b>DATE</b>	<b>EVENT</b>	<b>LOCATION</b>	<b>CONTACT</b>
May 1, 5, 7, 21, and June 8, 2015  8:30 am – 4:30 pm	Alzheimer's & Dementia University for Families & Professionals	Various locations	Carolyn Canini ccanini@alz.org or Hanna Thurman hthurman@hsc.wvu.edu 304-347-1225
May 6, 2015  3:00 - 4:00 pm ET 2:00- 3:00 pm CT 12:00 – 1:00 pm PT	Alzheimer's Disease and Emergency Planning Challenges	Webinar	Marian Tzuang <a href="mailto:mtzuang@stanford.edu">mtzuang@stanford.edu</a> (650)721-1023 Register online at : <a href="http://www.tinyurl.com/GEPR-2015-Webinars">www.tinyurl.com/GEPR-2015-Webinars</a>
May 6 - 8, 2015	Donald W. Reynolds FD~AGE Mini- Fellowship Program, Spring	Los Angeles, CA	Christy Lau, MSSW or Debi Ballantine <a href="mailto:ChristyLau@mednet.ucla.edu">ChristyLau@mednet.ucla.edu</a> <a href="mailto:Dballantine@mednet.ucla.edu">Dballantine@mednet.ucla.edu</a> 310-312-0531
May 8, 2015	ER/LA Opioid REMS: Achieving Safe Use While Improving Patient Care	Flatwoods, WV	Donna Steigleder <a href="mailto:Donna.steigleder@nwwrhec.org">Donna.steigleder@nwwrhec.org</a> 304-462-6292
May 13, 2015	Nutrition in the Older Adult	Flint, MI	Alexa Kus <a href="mailto:gecm@msu.edu">gecm@msu.edu</a> 517-353-7828
May 13, 2015  8:00 am – 4:15pm PST	17 <sup>th</sup> Annual Updates on Dementia Conference	Foster City, CA	Blanca Vazquez-Arias <a href="mailto:bvazquez@alz.org">bvazquez@alz.org</a> Register online at: <a href="https://www.kintera.org/AutoGen/Register/Register.asp?ievent=1132684&amp;en=dwIPK6NPIcLYJgPSIbKVKcP2JnJTKbNVikI5JjO4InKUJgNYJjZKeMWifJ1IpMeE">https://www.kintera.org/AutoGen/Register/Register.asp?ievent=1132684&amp;en=dwIPK6NPIcLYJgPSIbKVKcP2JnJTKbNVikI5JjO4InKUJgNYJjZKeMWifJ1IpMeE</a> Brochure (pdf) downloadable at: <a href="http://www.alz.org/norcal/documents/2015_UpdatesonDementia_Brochure.pdf">http://www.alz.org/norcal/documents/2015_UpdatesonDementia_Brochure.pdf</a>
May 25, 2015  12:00-1:00 pm	Geriatrics Luchtime Learning “The Beers Criteria 2015 Update: What Can't We Use Now?”	Charleston, WV	Hanna Thurman hthurman@hsc.wvu.edu 304-347-1225 (To access this program via webcast, please visit <a href="http://www.camcinstitute.org/education/catalogs/geriatrics.htm">http://www.camcinstitute.org/education/catalogs/geriatrics.htm</a>
May 27, 2015  3:00 – 4:00 pm ET 2:00 – 3:00 pm CT 12:00 – 1:00 pm PT	Mobilizing Regional Partners to Identify and Develop a Prioritized Action Plan to Address Gaps in Geriatric Preparedness and Resilience in Vulnerable Populations	Webinar	Marian Tzuang <a href="mailto:mtzuang@stanford.edu">mtzuang@stanford.edu</a> (650)721-1023 Register online at : <a href="http://www.tinyurl.com/GEPR-2015-Webinars">www.tinyurl.com/GEPR-2015-Webinars</a>
<b>June</b>			
<b>DATE</b>	<b>EVENT</b>	<b>LOCATION</b>	<b>CONTACT</b>
June 17, 2015  12:00-1:00 pm	Geriatrics Luchtime Learning Nutrition and Older Adults	Charleston, WV	Hanna Thurman hthurman@hsc.wvu.edu 304-347-1225 (To access this program via webcast, please

			visit <a href="http://www.camcinstitute.org/education/catalogs/geriatrics.htm">http://www.camcinstitute.org/education/catalogs/geriatrics.htm</a>
June 12, 2015	Alzheimer's & Dementia University: Living with Alzheimer's for Middle Stage Family Caregivers	Berkeley Springs, WV	Carolyn Canini ccanini@alz.org or Hanna Thurman hthurman@hsc.wvu.edu 304-347-1225
June 19, 2015	Falls in the Older Adult	Negaunee, MI	Alexa Kus or Jennifer Roy <a href="mailto:gecm@msu.edu">gecm@msu.edu</a> 517-353-7828
June 24, 2015 Time 8:00 am – 5:00 pm	Falls Prevention and Management: Best Practices for Community and Inpatient Care Settings	Las Vegas, NV	Jeri Ostrander, B.S. <a href="mailto:Jostrander@medicine.nevada.edu">Jostrander@medicine.nevada.edu</a> 702-671-2381 Registration link <a href="http://medicine.nevada.edu/Documents/un-som/statewide/ngec/Flyer%20Falls%2006-24-15.pdf">http://medicine.nevada.edu/Documents/un-som/statewide/ngec/Flyer%20Falls%2006-24-15.pdf</a>

## September

DATE	EVENT	LOCATION	CONTACT
September 9 - 12, 2015	2015 Intensive Course in Geriatric <b>Medicine</b> and Board Review	Los Angeles, CA	Kami Chin, MSG <a href="mailto:KamiChin@mednet.ucla.edu">KamiChin@mednet.ucla.edu</a> 310-794-2620
September 9 - 12, 2015	2015 Intensive Course in Geriatric <b>Pharmacy</b> and Board Review	Los Angeles, CA	Kami Chin, MSG <a href="mailto:KamiChin@mednet.ucla.edu">KamiChin@mednet.ucla.edu</a> 310-794-2620
September 15, 2015	Annual Long-Term Care Conference Synergy & Synthesis Empowering Care of the Elderly	Oahu, HI	Michiko Inaba, M.D. Conference Chair 808-523-8461
September 17-20, 2015	Wisconsin Update in Geriatric Medicine & Board Review Course	Delavan, WI	Carol Hermann (60) 280-7000 x11643 <a href="mailto:chermann@medicine.wisc.edu">chermann@medicine.wisc.edu</a> GeriatricsBoardReview.com

*The Geriatric Education Center of Michigan (GECM) is not responsible for the content of the newsletter, other than GECM articles. GECM edits to enhance readability, appropriateness and format.*