



Geriatric Education Centers

PIPELINE

January - February 2015

Volume 31, No. 9, Page 1

Published as a service to the GEC network by the Geriatric Education Center of Michigan Michigan State University, 965 Fee Road, A209 East Fee Hall, East Lansing, MI 48824 (p) 517-353-7828 (f) 517-432-8021 (email) gecm@msu.edu (website) www.gecm@msu.edu (NAGEC website) www.nagec.org; Editor: Joan Ilardo, PhD; Copy Editor: Alexa Kus, BFA

NAGE/NAGEC

December 18, 2014

TO: NAGEC/NAGE Members

FROM: Judith Metcalf, APRN, BC, MS, Director, University of New England Maine GEC and Arleen Johnson, PhD, Ohio Valley Appalachia Regional GEC

SUBJECT: 2014-2015 Election Summary for NAGEC/NAGE Board Members and Officers

The 2014 NAGEC/NAGE election process:

A Call for Nominations was included in the fall *GEC Pipeline*; personal contacts from Nominations Committee Chair and Board members to potential candidates; e-mail to all GEC Directors and Associate Directors of nominations form, notice of annual meeting, call for nominations and bio-sketches for candidates.

Role of the Nominations Committee Co-Chairs:

Review and confirm receipt of nomination forms with candidates and nominators; compile bio-sketches for President, President-Elect and Board members; copy bio-sketches and ballots; create a sign-in list for pick-up of Ballots; stuff and seal one envelope for each voting GEC with a ballot; insert and seal one envelope for each GEC that might pay on site and be eligible to vote; and distribute absentee ballots requested by GECs unable to attend the annual meeting.

Results of the Election:

The elections were conducted on Wednesday, November 5, 2014 during the Annual Meeting of NAGEC and NAGE held at the Marriott Marquis Hotel, Washington, DC. The 2014 NAGEC/NAGE Nominations Slate included the President-Elect and five GEC candidates for two Board positions. No nominations were made from the floor during the election procedures. Forty-four (44) GECs were eligible to vote. The 2014 NAGE/NAGEC Secretary, Angela Rothrock, PhD, University of Alabama at Birmingham GEC has on file the sign-in sheet for ballots, copies of all completed ballots, and a summary of votes for candidates. Board of Directors and Terms: (*- Newly Elected Officers)

Board of Directors' Terms			
1	Stacy Barnes (President)	2014 – 2015	Wisconsin GEC
2	Tom Caprio (Immediate Past President)	2014 – 2015	Finger Lakes GEC
3	Jan Busby Whitehead (Vice President)	2013 – 2014	*Carolina GEC
4	Bert Waters (Treasurer)	2012 – 2015	Virginia GEC
5	Angela Rothrock (Secretary)	2014 – 2017	*U of Alabama at Birmingham GEC
6	Christine Hsieh	2014 – 2017	*Eastern PA Delaware GEC
7	Ed Olsen	2013 – 2016	MAGEC
8	Betty Shiels	2012 – 2015	OVAR GEC
9	Grace Smith	2013 – 2016	Meharry Consortium GEC
10	Tom Teasdale	2013 – 2016	Oklahoma GEC

Ohio Valley Appalachia Regional Geriatric Education Center

Cynthia Lamberth, MPH, CPH, Director
Arleen Johnson, PhD, Director Emeritus
Hardin Stevens, MAT, Program Coordinator

AD Telemedicine Distance Learning

Since October 2012, OVAR has offered a series of AD Telemedicine and distance learning trainings targeted to health care providers in KY, IN, OH, TN and VA. The trainings are broadcast quarterly from the University of Kentucky to interdisciplinary health care providers across the region. To reach rural providers, OVAR GEC collaborates with 20 community organizations, including Quality Improvement Organizations, AD Associations and Area Health Education Centers. The trainings are led by Dr. Gregory Jicha, a subspecialty dementia-trained neurologist from the UK Sanders-Brown Center on Aging AD Center, who partners with interdisciplinary experts from across the US to cover a wide array of topics related to AD. All sessions are digitally archived and offer free CE online. There are nine 1.5 hour archived trainings available to date, with three more to be added in spring 2015. The trainings are free with free CME/CE and can be accessed at www.cecentral.com/dementia. The next session in this series is entitled “Breaking News on the Horizon: How close are we to curing Alzheimer’s?” and will be presented on 2/3/15 from 6-7:30 p.m. EST.

Essentials of Dementia Care Skills Training

The OVAR/GEC, University of Kentucky Sanders-Brown Center on Aging, Alzheimer’s Association of Greater Kentucky and southern Indiana, Fayette County Extension Services, South Central KY AHEC, and Western Kentucky University collaborated on the annual OVAR/GEC day-long AD train the trainer training on 11/10/14. The training presented the latest information on AD while role modeling teaching techniques. Each of the 50 trainees took home a 100 page manual complete with lesson plans, content, resources and evaluations. They completed a training action plan for training others at their work sites and agreed to participate in a six-month follow-up to document the number of nurse aides that were trained and the institutional changes that resulted from utilizing the training materials. The National AD Association offers a similar online version of the training at <http://www.alz.org/care/alzheimers-dementia-care-training-certification.asp> through their online care training and essentialZ certification program.

Stanford Geriatric Education Center

Stanford University School of Medicine
Kala M. Mehta, DSc, MPH, Evaluation Consultant

SGEC seeks to understand the perspective on caregiving from three Asian communities.

On May 6, 2014 the Stanford Geriatric Education Center (SGEC) sponsored a panel on dementia caregiving in Asian communities. Over three hundred MDs, nurses and other health professionals attended the day-long course, targeting health care professionals in the local community. The afternoon panel focused on three growing Asian American communities: Filipino, Korean and South Asian/Asian Indian. Not a lot is known about dementia in these communities, and this panel is part of a growing effort by the SGEC to address ethnogeriatric gaps.



Dr. Melen McBride, of the SGEC set the stage. According to the US census in 2010, Filipino Americans comprise 21% of the Asian Americans 65 and above, Asian Indians 13%, and Korean Americans 9%. All three of these groups have something in common; they are all growing rapidly in the US. Though exact prevalence rates of Alzheimer's disease and other neurocognitive disorders are lacking, one can project that the rates for these groups are likely to be high due to the fact that each of these groups has higher proportions of dementia risk factors like: diabetes, cardiovascular disease and depression. More data is sorely needed to document prevalence and incidence of neurocognitive disorders in these and other Asian American communities.

One reason that it may be difficult to study dementia in these three Asian communities was pointed out by Dr. Sang Lee, from San Jose State University, the second panelist. Her focus-group based research highlights that Korean American elders stigmatize dementia and this can often result in a barrier to seeking care. Another barrier she pointed out is that dementia is culturally accepted as a normal form of aging. One social-cultural attribution for Korean Americans is 'Han' that means that dementia may result from unresolved past hardships or conflicts. Dr. Sadhna Diwan similarly pointed out that for Asian Indians, patient personality, astrology or 'Nazar' (evil-eye) can be a culturally specific attribution for dementia, and may result in a negative family dynamic. All three panelists concur that more culturally specific resources and education about dementia is needed in these three Asian communities.

Dementia caregiving often takes place at home for Filipino, Korean and Asian Indian families -- not in a nursing home or in boarding care. The daughters or daughters-in-law do the 'hands on' care and the son (often the first born) often makes the financial decisions. Thus the burden of dementia caregiving often falls on the family unit. Cultural reasons for the decision to care for an elder with dementia at home are filial piety, honor and respect. Perhaps some of the most interesting parts of the panel highlighted how health professionals may use the knowledge of these cultures to address the issue of dementia caregiving. One thing that was quite clear, that clustering such diverse cultures as 'Asian' is simply not enough. Disaggregation of Asian Americans and learning about their specific cultural needs regarding dementia will be important, particularly because each of these three groups is growing in the U.S.

This panel is part of an ongoing effort to learn more about Asian cultures and provide culture-specific dementia caregiving resources at the Stanford Geriatric Education Center.

The videos of the panel and power point slides are available through the SGEC website:
http://sgec.stanford.edu/16th_annual_updates_on_dementia.html

Virginia Geriatric Education Center

Edward F. Ansello, PhD, Director

VGEC Introduces Dementia Track into the 2015 Annual Meeting of the Southern Gerontological Society (SGS)

The VGEC is partnering with SGS, through the Alzheimer's Supplement, to introduce a dementia track into SGS's 2015 annual meeting to be held in mid-April 2015 in Williamsburg, Virginia. SGS is a regional association of academics and aging-related direct service providers, with membership across a broad swath of about 12-15 states. SGS leadership has established a planning committee to identify symposia and break-out sessions related to assessing patients for ADRD; sleuthing to recognize the signs and symptoms of ADRD; dementia and co-morbidities; dementia among special populations; working with patients with ADRD and their families; caregiver burden, long-term services and supports in local communities; and more. It is estimated that the SGS annual meeting will attract about 200 participants and this should be a good vehicle to introduce the VGEC's interprofessional perspectives on ADRD.

VGEC to Offer Its Train-The-Trainer (TTT) Again in 2015

One of the VGEC's continuing projects is its TTT, an interprofessional, blended in-person and on-line 40-hour program. Designed as a mini-Faculty Development Program (FDP), TTT participants tend to be from community hospitals and facilities, and have included physicians, NPs and nurses, OTs and PTs, social workers, health care administrators, and other allied health

professionals. TTTs are intended to be small scale seminars of about 8-10 professionals, with online resources and Blackboard discussions. Like the FDP, the TTT is a two-tier training program, requiring participants to develop curriculum projects, which they are to deliver to colleagues. In addition, participants complete exit interviews to identify, among other things, the most useful training content, changes made in their practices because of the program, barriers to fuller implementation of changes, greatest strengths of the program, and ways to improve the TTT. The 2015 TTT will launch late winter 2015 at the Riverside School of Health Careers in Newport News.

West Virginia Geriatric Education Center

Nancy Daugherty, WVGEC Associate Director

Beneficial progress continues on the Alzheimer's Disease and Related Dementias (ADRD) project with three webinars to be filmed for broadcast to the GEC network in collaboration with the QIN-QIO network covering WV, DE, PA, NJ and LA. Presenters include Todd Goldberg, MD, CMD, FACP, Internal Medicine, WVU-Charleston, Hanna Thurman MSW, LGSW, MPA, WVGEC's Training and Development Manager, and JT Hunter from the Alzheimer's Association. Additionally, Shirley M. Neitch MD, FACP, Blanchette Rockefeller Neurosciences Institute Expert Dementia Specialist, presented at two medical societies, reaching more rural areas of the state. WVGEC also partnered with the WVU School of Social Work and Office of Continuing Education for events "A Day of Dementia" and "Effective Behavioral Interventions for Memory Impairments and Dementia". With over 45,000 diagnosed cases of Alzheimer's disease in WV, training for health professionals, families, patients and caregivers is one of the highest priorities. Other initiatives including Caregiver University, developed by the Alzheimer's Association WV Chapter will be given in the spring. Jane Marks, Certified Dementia Practitioner continues to present on behalf of the project.

WVGEC consortium partners, Southeastern Area Health Education Center (SEAHEC), WV School of Osteopathic Medicine (WVSOM), WVSOM Alumni Association, Mountain State OPTI and CAMC Health Education and Research Institute held a one day event on Infectious Disease in Older Adults on December 12, 2014 in Lewisburg, WV. The event was a big success. There were multiple skills labs with one lab demonstrating tools and implements to debride a simulated pressure ulcer using a chicken thigh. Faculty, practitioners and students from several disciplines were very engaged and lively in the laboratory.

WVGEC staff, consortium partners, and interprofessional faculty curriculum committee members met in central WV to review and evaluate progress on the current grant goals and objectives and share accomplishments and upcoming activities. They learned about the Geriatrics Workforce Enhancement Program (GWEP) funding opportunity and provided input and guidance for the next grant application. Smaller workgroups were formed to assist with the proposal.

The **Advanced Geriatrics Skills (AGES)** course will be held March 26 – 28th in Morgantown WV. The planning workgroup completed their assignments in December and the AGES brochure is in the process of being distributed. AGES is a certification course that increases the competency of all health professionals who care for older adults. The course includes passing an Interprofessional Team Exercise and a written exam. The successful attendees receive the AGES certification signed by geriatrics faculty from West Virginia University Health Sciences Center, Marshall University Joan C. Edwards School of Medicine and the WV School of Osteopathic Medicine. AGES will be held March 26 – 28th in Morgantown WV.

Kristina Hash, PhD, MSW

Announcing a new book edited by a member of the West Virginia GEC (WVGEC, Kristina Hash) with WVGEC contributors (David Elliott, Hanna Thurman, Constance Wiener, Barbara Nunley, Shirley Neitch). The text also includes contributors from other GECs.

AGING IN RURAL PLACES

Programs, Policies, and Professional Practice

Kristina Hash, PhD, MSW; Elaine Jurkowski, MSW, PhD; John Krout, PhD

Springer Publishing

The text presents a research-driven, competency-based approach for the health and human service professionals who work with older rural residents. Key issues examined include health and wellness, transportation, housing, long-term care, income, employment, and retirement, along with the needs of special populations (ethnic minorities, immigrants, and the LGBT population). The text also examines current policies affecting health and social services to rural elders and recommendations for policy change to build an effective health and human service workforce. Professional competency and practice in rural areas is also highlighted in this text. Links to Podcast interviews with scholars and respected professionals working in the field and "Spotlight" excerpts from the text reinforce information. In addition, the text provides discussion questions, PowerPoint slides, a test question bank, and suggested activities and exercises.

For more information and purchasing, visit:

http://www.springerpub.com/product/9780826198099#.U_4Fptwb0fY

Wyoming Geriatric Education Center

Catherine Carrico, PhD; Associate Director of the Wyoming Geriatric Education Center

Innovative Opportunity to Improve Dementia Care Offered to Wyoming Providers and Facilities

The University of Wyoming Geriatric Education Center (WyGEC) is collaborating with Wyoming leaders in the field of dementia care to offer the first Wyoming Dementia ECHO®. This project will offer long term care facilities and primary care providers throughout the state an opportunity to consult on challenging cases and learn how to best manage and care for individuals with dementia. The Wyoming Dementia ECHO® is based on The Extension for Community Healthcare Outcomes (ECHO) model™, which was developed at the University of New Mexico to improve access to complex chronic disease and specialty care in rural and underserved communities.

Project ECHO® is a healthcare innovation that aims to demonopolize the centralized wealth of subspecialist knowledge and skills found at a university or in a large medical center setting. First piloted for the treatment of hepatitis C virus (HCV) in June 2003, Project ECHO® applies the inter-disciplinary expertise of specialty clinicians to the growing public health problems of chronic, complex diseases. Through co-management of patients, rural health care providers learn about best practices and treatment for complex diseases through case-based discussions that rely on computer-based distance education technology to facilitate participation.

Optimal management of complex dementia cases often requires consultation with specialists from multiple areas including geriatric medicine, neurology, social work, geriatric pharmacy, geropsychology, and occupational or physical therapy. While such consultation is either cost-prohibitive or simply impossible to deliver in many rural areas using traditional means, the innovative ECHO model™ provides this relationship in an easily accessible way.

The Wyoming Dementia ECHO® will offer ten bi-weekly teleECHO™ clinics which will bring together inter-disciplinary specialists and multiple community-based primary care clinicians and nursing home care teams in co-management of individuals with dementia. This is not "telemedicine" where the specialist assumes the care of the patient; instead, it is a guided practice model where the primary care clinician or nursing home facility retains responsibility for managing the patient or resident.

In addition to learning through case presentations, the Dementia ECHO will address a weekly topic through a didactic portion of the teleECHO™ session. Topics will include reduction of antipsychotic medication, managing difficult behavior, caregiver resources, and more.

The Wyoming Dementia ECHO® will begin January 22, 2015 and will meet every other Thursday from 11:30am to 1:00pm through May 28th. Team members who will be available for consultation through this project will include geriatric medicine, geriatric pharmacy, social work, neurology, geriatric psychiatry, geropsychology, and occupational therapy. The University of Wyoming Geriatric Education Center is in the process of recruiting sites that would like to participate in this project. Primary care providers, community clinics, and nursing homes are encouraged to consider participation in this project. Participation will entail a commitment to participate in all ten weeks of the Dementia ECHO and also willingness to present at least one de-identified case presentation. WyGEC staff will work with participating sites to connect to bi-weekly sessions via the internet and will also provide technical assistance. There is no fee to participate in this project, thanks to support from the Health Resources and Services Administration. Free continuing education credits (sponsored by the Ellbogen Excellence Fund in Geriatric Teaching) and continuing medical education credits will be awarded.

Calendar of Upcoming Events

January			
DATE	EVENT	LOCATION	CONTACT
January 9, 2015 8:30am – 4:30pm	Shared Decision Making with Diverse Patients Concerning Dialysis and Palliative Care Resources: A Skill-Based Learning Conference	Redwood City, CA	Annecy Majoros, Stanford GEC Program Assistant amajoros@stanford.edu Register online at : http://tinyurl.com/Shared-Decision-Making-2015 More information at: http://sgec.stanford.edu/content/dam/sm/sgec/documents/conferences/Shared_Decision_Making_2015_Brochure.pdf
January 28, 2015	Working with Older Stroke Patients	Bronx, NY	Eugenia Dorisca Eugenia.Dorisca@mssm.edu 718-584-9000 x3836 www.nygec.org
January 28, 2015 12:00 noon – 1:00 pm	Geriatrics Lunchtime Learning “Arthritis and Older Adults”	Charleston, WV Online access	Hanna Thurman hthurman@hsc.wvu.edu 304-347-1225 www.wvgec.org
February			
DATE	EVENT	LOCATION	CONTACT
February 3, 2015 from 6:00 – 7:30 pm ET	“ <i>Breaking News on the Horizon: How close are we to curing Alzheimer’s?</i> ” videoconference with Dr. Greg Jicha of the University of Kentucky’s Sanders-Brown Center on Aging	Lexington, KY and other remote sites	Hardin Stevens ovargec@uky.edu 859-257-1510 Past presentations in this series can be found at www.cecentral.com/dementia
February 6, 2015	Defining and Dignifying Dementia and Associated Mental Health Disorders in Elders: The Challenge of Quality of Life Improvement	New York, NY	Eugenia Dorisca Eugenia.Dorisca@mssm.edu 718-584-9000 x3836 www.nygec.org
February 11 - 13, 2015	Donald W. Reynolds FD~AGE Mini-Fellowship Program	UCLA Los Angeles, CA	Christy Lau, MSSW or Debi Ballantine ChristyLau@mednet.ucla.edu Dballantine@mednet.ucla.edu 310-312-0531
February 12, 2015	Geriatrics and Palliative Care in the Hospital	New York, NY	www.nygec.org Eugenia Dorisca Eugenia.Dorisca@mssm.edu 718-584-9000 x3836
February 20, 2015 8:30am – 4:00pm	Preparing for the Changing Horizon: Dementia Awareness and Caregiving for LGBT Older Adults in Diverse Communities	San Francisco, CA	Marian Tzuang, Program Coordinator, Stanford GEC mtzuang@stanford.edu For more information, see brochure and conference agenda (downloadable). To join this event, register here!
February 25, 2015	Diversity in Aging	New York, NY	www.nygec.org Eugenia Dorisca Eugenia.Dorisca@mssm.edu 718-584-9000 x3836
March			

DATE	EVENT	LOCATION	CONTACT
March 3- 4, 2015	<i>Council on Aging 2015 Forum on Aging</i>	Cincinnati, OH	http://www.help4seniors.org/about-coa/news-events/2015-Forum-on-Aging.aspx
March 13 -14, 2015	Annual Leadership & Management in Geriatrics	Long Beach, CA	Christy Lau, MSSW ChristyLau@mednet.ucla.edu 310-312-0531
March 26-28, 2015	Advanced GERiatrics Skills (AGES) Certification Program	Morgantown, WV	Hanna Thurman hthurman@hsc.wvu.edu 304-347-1225 www.wvgec.org
April			
DATE	EVENT	LOCATION	CONTACT
April 7, 2015 6:00 – 7:30pm ET	<i>“Supporting Family Caregivers and Underserved Populations in Providing Care for Patients with Dementia”</i> videoconference with Dr. Greg Jicha of the University of Kentucky’s Sanders-Brown Center on Aging	Lexington, KY and other remote sites	Hardin Stevens ovargec@uky.edu 859-257-1510 Past presentations in this series can be found at www.cecentral.com/dementia
April 9 - 10, 2015	Health Literacy Training for Health Professionals	Charleston, WV	Hanna Thurman hthurman@hsc.wvu.edu 304-347-1225 www.wvgec.org
April 10, 2014	California Council on Gerontology & Geriatrics (CCGG) Annual Meeting	Long Beach Marriott, CA	Rachel Price, MSG Rprice@mednet.ucla.edu 310-312-0531 www.ccg.org
April 24, 2015 8:00am – 5:00pm	28 th Geriatric Symposium: Changing Relationships Along the Dementia Journey: Part 2	Lansing, MI	Alexa Kus or Jennifer Roy gecm@msu.edu 517-353-7828
May			
DATE	EVENT	LOCATION	CONTACT
May 6 - 8, 2015	Donald W. Reynolds FD~AGE Mini-Fellowship Program, Spring	UCLA Los Angeles, CA	Christy Lau, MSSW or Debi Ballantine ChristyLau@mednet.ucla.edu Dballantine@mednet.ucla.edu 310-312-0531
September			
DATE	EVENT	LOCATION	CONTACT
September 9 - 12, 2015	2015 Intensive Course in Geriatric Medicine and Board Review	Hyatt Regency Century Plaza, Los Angeles, CA	Debi Ballantine Dballantine@mednet.ucla.edu 310-312-0531
September 9 - 12, 2015	2015 Intensive Course in Geriatric Pharmacy and Board Review	Hyatt Regency Century Plaza, Los Angeles, CA	Debi Ballantine Dballantine@mednet.ucla.edu 310-312-0531

The Geriatric Education Center of Michigan (GECM) is not responsible for the content of the newsletter, other than GECM articles. GECM edits to enhance readability, appropriateness and format.